

## PRESS RELEASE



### TRAC releases its' second list of Recommended Reads for Teenagers: this time focusing on 'realistic reads'

The correlation between reading for pleasure and reading attainment has long been established. The formula is simple: enjoyment = more time spent reading = being better at reading. But how do teenagers find books that they will really like? Reading research shows that recommendations from friends are powerful. This summer, the Young Adult (YA) writer John Green seems to be on everyone's radar.

John Green was named one of *Time* magazine's *100 Most Influential People* in 2014 – a rare accolade for someone who has published a handful of books about smart, precociously verbal teenagers. Green's writing has been a big deal in the United States for several years, but with the release of the film version of *The Fault in Our Stars* he has suddenly become a to-read author in the UK as well. His subject matter is the classic realistic mix of friendships, family, falling in love and figuring out the complicated questions of self and identity, but the voice is inimitable.

Since your readers probably do *not* need another recommendation to read John Green, TRAC would like to suggest some *other* American authors who are writing fantastic realistic fiction that you won't be able to put down. Writers like Rainbow Rowell and Gayle Forman, whose novel *If I Stay* will be released as a film in late August, are names that you should know. Reluctant male readers will hugely enjoy the humour and fast-paced narratives found in *Winger*, by Andrew Smith and *Me and Earl and the Dying Girl*, by Jesse Andrews.

In an ideal world, every reader would be given a hand-picked book tailored to their reading interests. TRAC's goal is to do just that, virtually if not literally.

[Click here](#) to access the Reading List, or get to [www.tracbook.com](http://www.tracbook.com)

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